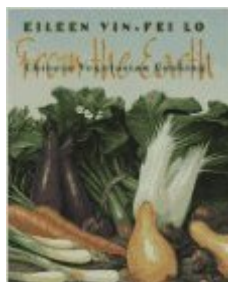


The book was found

# From The Earth: Chinese Vegetarian Cooking



## Synopsis

One of the best known experts on Chinese food draws on her reminiscences of the foods of her childhood to create 200 exciting vegetarian recipes--many of which make use of commonly available ingredients--and describes the techniques used to prepare them. 40 line drawings.

## Book Information

Hardcover: 336 pages

Publisher: John Wiley & Sons Inc; 1st edition (April 1995)

Language: English

ISBN-10: 0026329859

ISBN-13: 978-0026329859

Product Dimensions: 1.2 x 7.8 x 9.8 inches

Shipping Weight: 1.7 pounds

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (17 customer reviews)

Best Sellers Rank: #878,298 in Books (See Top 100 in Books) #266 in [Books > Cookbooks, Food & Wine > Asian Cooking > Chinese](#) #1053 in [Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian](#) #8413 in [Books > Cookbooks, Food & Wine > Regional & International](#)

## Customer Reviews

Firstly, we make no apologies in reviewing a book that is 17 years old... older than many YUM readers. Yet this is a classic in its genre and an indisputable reference work, all of which is written by a credible, established author to boot. Simply put this book is concerned with vegetarian cookery, authentic Chinese vegetarian cookery. Combining all of the essential elements and utilising the fruits of the earth, you will soon see that perhaps there can be many tasty alternative dishes that don't feature meat. This book is not, however, campaigning or encouraging you not to eat meat - it just focusses on meat-free dishes. This reviewer believes that even meat eaters will find many things here that can either function as credible dishes on their own, or even work well with a bit of meat thrown in for good (?) measure. After a look at the foods of the earth and an introduction to the typical Chinese kitchen (for those who are not familiar with an authentic kitchen) and common techniques involved within Chinese cookery. Even the more-experienced cook should give this section at least a quick glance as it is possible to learn new tricks, tips and techniques. The recipes themselves are split into sections: vegetables; rice; soup; traditions of Buddha; fish; noodles and wrappings; pickles and salads; fruits and butts, sweets and snacks. The book is written in a fairly

deceptive, easy-to-follow, unassuming manner. You are not treated like a total fool but neither are you assumed to be the son of a master chef either. The advice is just given, perhaps similar to how a mother would give advice to her child.

[Download to continue reading...](#)

Vegetarian: High Protein Vegetarian Diet-Low Carb & Low Fat Recipes On A Budget( Crockpot,Slowcooker,Cast Iron) (Vegetarian,Vegetarian Cookbook,Vegetarian ... low carb,Vegetarian low fat) Vegetarian: Vegetarian Diet For Beginners: 100 Delicious Recipes And 8 Weeks Of Diet Plans (Vegetarian Diet, Vegetarian Diet For Beginners, Vegetarian ... Cookbook, Vegan, Clean Eating, Raw Diet) VIETNAMESE VEGETARIAN FOOD - OUR FAMILY VEGETARIAN RECIPES: VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) Vegetarian: 4-Week Vegetarian Nutrition Cookbook for Everyday Lifestyle - 39 Quick & Easy Vegetarian Meal Plans for Beginners (Healthy Low Carb Vegetarian Recipes for Diet and Lifestyle) Vegetarian Quick & Easy - Under 15 Minutes: (100 Simple Natural Food Recipes) (Weight Maintenance & Low Fat Lifestyle) (Vegetarian Weight Loss) (Special ... & Vegetarian Recipes Collection Book 2) Vegetarian: The Beginners Guide to a Vegetarian LifestyleÂ© with The Top 170+ Healthy Recipes (Includes 8 FULL Weeks FULL Month Meal Plan, Vegetarian Diet Weight Loss Cookbook) Vegetarian: 50 The Best Vegetarian Slow Cooker Recipes-Great, Healthy, Delicious Place To Start With Vegetarian Slow Cooker Chinese Cooking: No Wok Takeout! 80 Amazingly Delicious 3 Steps Or Less Chinese Recipes Revealed (Chinese Cookbook, Cooking For One) (cookbook for beginners, ... meals cookbook, easy meals for one 2) From the Earth: Chinese Vegetarian Cooking Chinese Cookbook - 25 Delicious Chinese Recipes to Chinese Food Made Easy: Recipes from Chinese Restaurants Leo Tolstoy's Vegetarian Family Recipe Cookbook: Vegetarian Russian Cookbook: Traditional Authentic Soviet Cooking and European Cuisines (Healthy Lifestyles Book 1) The Chinese Cookbook: 50 Great Recipes from the Chinese Kitchen (Chinese Cooking) RECIPES:THAI FOOD: VEGE-THAI-RIAN: MOUTHWATERING THAI VEGETARIAN RECIPES (Vegan, Vegetarian Quick Easy Reference): Child Approved Simple Recipes, Fusion ... Special Diet Special Occasions) Vegetarian: Vegetarian Quinoa Cookbook-Gluten Free Plant Based Superfood Recipes (forks over knives,raw till 4,whole 30,Slow cooker,crockpot,Cast Iron) 132+ Delicious Salads, Dressings And Dips: Healthy Salad Recipes For Weight Loss, Great For Vegetarian And Raw Vegan Diets (Gabrielle's FUSS-FREE Healthy Eating Cookbooks And Vegetarian Recipes) Top 30 Polish Vegetarian Recipes in Just And Only 3 Steps (World Most-Popular Vegetarian Recipes Book 6) Top 30 Turkish Vegetarian Recipes in Just And

Only 3 Steps (World Most-Popular Vegetarian Recipes Book 8) Mexican Vegetarian Cookbook:  
Quick, Easy & Delicious Vegetarian Mexican Recipes Vegetarian Weight Loss: How to Achieve  
Healthy Living & Low Fat Lifestyle (Weight Maintenance & Heart Healthy Diet) (Special Diet  
Cookbooks & Vegetarian Recipes Collection Book 1) The New Becoming Vegetarian: The Essential  
Guide To A Healthy Vegetarian Diet

[Dmca](#)